

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 1, 2025 thru Sep 5, 2025

ELEM B.I.C. #2

Generated on: 9/2/2025 7:23:08 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcsm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/01/2025																
ELEM B.I.C. #2	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 09/02/2025																
ELEM B.I.C. #2	Total	5000														
POP TARTS,Wh.Gr Strawberry-'24	PKG. of (	5000	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
Craisins, Watermelon	serv. (1.1	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	cup)															
	EACH(1/2	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	pint)															
	EACH (1/	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															
Weighted Daily Average			550	9	546	7.71	3.67	463.2	1883	0.92	63	12.54	110.54	5.58	2.63	0.00
% of Calories											45.6%	9.1%	80.3%	9.1%	4.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Wed - 09/03/2025																
ELEM B.I.C. #2	Total	5000														
Sndwich Chx & Sausage 2020	serving	5000	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
Craisins, Watermelon	serv. (1.1	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
	6 oz)															
Crisps, Apple-Strawberry '22	BAG (0.3	2500	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
	4 oz)															
MILK,1% DW 2024	EACH(1/2	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 1, 2025 thru Sep 5, 2025

ELEM B.I.C. #2

Generated on: 9/2/2025 7:23:06 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			353	35	498	3.86	1.10	370.0	987	0.00	34 38.7%	18.10 20.5%	52.42 59.4%	7.40 18.9%	3.20 8.2%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Thu - 09/04/2025																
ELEM B.I.C. #2	Total	5000														
BAR, DOUBLE CHOC CHIP	1 EACH	5000	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
APPLES, Fresh sliced	pkg. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			462	7	428	7.50	2.79	255.0	1090	61.80	54 46.8%	13.20 11.4%	84.80 73.4%	8.50 16.6%	2.80 5.5%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Fri - 09/05/2025																
ELEM B.I.C. #2	Total	5000														
Concha, WG PINK-'24	1 EACH	5000	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH (4 oz)	2500	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			403	12	295	3.50	1.80	275.0	1050	15.00	45 44.7%	13.70 13.6%	73.80 73.3%	6.50 14.5%	1.80 4.0%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			442	16	442	5.64	2.34	340.8	1252	19.43	49 99.7%	14.39 13.0%	80.39 72.7%	6.99 14.2%	2.61 5.3%	0.00 0.0%
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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 1, 2025 thru Sep 5, 2025

ELEM B.I.C. #2

Generated on: 9/2/2025 7:23:06 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	442		350 - 500	100%												
Cholesterol (mg)	16															
Sodium 1 (mg)	442		540	82%												
Fiber (g)	5.64															
Iron (mg)	2.34															
Calcium (mg)	340.8															
Vitamin A (IU)	1252															
Sugars (g)	49	44.32%														
Vitamin C (mg)	19.43															
Protein (g)	14.39	13.02%														
Carbohydrate (g)	80.39	72.74%														
Total Fat (g)	6.99	14.24%														
Saturated Fat (g)	2.61	5.31%	<10.00%													
Trans Fat ¹ (g)	0.00	0.00%														

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 8, 2025 thru Sep 12, 2025

ELEM B.I.C. #2

Generated on: 9/2/2025 7:23:58 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/08/2025																
ELEM B.I.C. #2	Total	5000														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	5000	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			520	27	438	6.00	1.80	250.0	1130	0.00	64 49.2%	13.20 10.2%	93.80 72.2%	9.50 16.4%	3.30 5.7%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 09/09/2025																
ELEM B.I.C. #2	Total	5000														
Cinnamon Swirls, WG 2024	Serving	5000	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			490	19	311	4.71	0.43	762.9	883	0.92	55 44.7%	14.54 11.9%	83.52 68.1%	10.07 18.5%	3.12 5.7%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

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Sep 8, 2025 thru Sep 12, 2025

ELEM B.I.C. #2

Generated on: 9/2/2025 7:23:58 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/10/2025																
ELEM B.I.C. #2	Total	5000														
UBR - BRKFST CINN ROUND	1 EACH	5000	280	5	190	6.29	0.68	29.8	8	0.01	19	5.0	44.0	8.0	3.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2500	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			474	14	376	8.75	0.68	289.8	885	0.01	51 43.3%	13.40 11.3%	80.42 67.8%	9.00 17.1%	3.60 6.8%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Thu - 09/11/2025																
ELEM B.I.C. #2	Total	5000														
Snack'n Waffles, Maple	pkg	5000	250	44	290	2.00	1.44	30.0	75	0.0	15	6.0	37.0	9.0	4.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			442	53	476	4.50	1.53	295.0	960	61.80	47 42.5%	14.40 13.0%	72.60 65.7%	10.00 20.4%	4.60 9.4%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

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Sep 8, 2025 thru Sep 12, 2025

ELEM B.I.C. #2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/12/2025																
ELEM B.I.C. #2	Total	5000														
Concha, WG WHITE-'24	each(2G)	5000	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	2500	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			430	14	291	3.50	1.80	310.0	1000	30.00	52	14.40	80.10	7.00	2.10	0.00
% of Calories											47.9%	13.4%	74.5%	14.7%	4.4%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			471	25	378	5.49	1.25	381.5	972	18.55	54	13.99	82.09	9.11	3.34	0.00
											102.6%	11.9%	69.7%	17.4%	6.4%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	471		350 - 500	100%				
Cholesterol (mg)	25							
Sodium 1 (mg)	378		540	70%				
Fiber (g)	5.49							
Iron (mg)	1.25							
Calcium (mg)	381.5							
Vitamin A (IU)	972							
Sugars (g)	54	45.59%						
Vitamin C (mg)	18.55							
Protein (g)	13.99	11.87%						
Carbohydrate (g)	82.09	69.67%						
Total Fat (g)	9.11	17.41%						
Saturated Fat (g)	3.34	6.39%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Sep 15, 2025 thru Sep 19, 2025

ELEM B.I.C. #2

Generated on: 9/2/2025 7:24:26 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/15/2025																
ELEM B.I.C. #2	Total	5000														
Cinnis, Mini	1 EACH	5000	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			430	9	456	3.71	1.51	303.2	958	0.92	48 44.4%	13.54 12.6%	74.54 69.3%	8.08 16.9%	2.13 4.4%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 09/16/2025																
ELEM B.I.C. #2	Total	5000														
Croissant,Sausage & Cheese '25	1 Each	5000	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			413	44	592	3.91	1.68	417.5	1065	0.92	35 34.2%	20.68 20.0%	53.82 52.2%	12.38 27.0%	6.05 13.2%	0.16 0.3%
Nutrient Guideline			350-500		540										<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 15, 2025 thru Sep 19, 2025

ELEM B.I.C. #2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/17/2025																
ELEM B.I.C. #2	Total	5000														
Waffles, Fun N Fruti '24	pkg	5000	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2500	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			404	44	476	4.46	1.08	268.0	877	0.00	42 41.9%	13.40 13.3%	67.42 66.7%	9.00 20.0%	2.10 4.7%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Thu - 09/18/2025																
ELEM B.I.C. #2	Total	5000														
Donut, Super Bakery '22	1 EACH	5000	250	5	250	0.50	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			442	14	436	3.00	5.49	465.0	2885	91.80	47 42.5%	13.40 12.1%	64.60 58.5%	12.00 24.4%	3.60 7.3%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

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Rialto Unified School District

Sep 15, 2025 thru Sep 19, 2025

Base Menu Spreadsheet

ELEM B.I.C. #2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/19/2025																
ELEM B.I.C. #2	Total	4950														
BANA CHOC-CHUNKY MONKE Y 2013	1 EACH	5000	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	5000	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	5000	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			571	24	424	6.06	1.82	292.9	1146	30.30	79	14.54	108.69	9.09	3.64	0.00
% of Calories											55.2%	10.2%	76.2%	14.3%	5.7%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			452	27	477	4.23	2.31	349.3	1386	24.79	50	15.11	73.81	10.11	3.50	0.03
											100.0%	13.4%	65.3%	20.1%	7.0%	0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	452		350 - 500	100%				
Cholesterol (mg)	27							
Sodium 1 (mg)	477		540	88%				
Fiber (g)	4.23							
Iron (mg)	2.31							
Calcium (mg)	349.3							
Vitamin A (IU)	1386							
Sugars (g)	50	44.45%						
Vitamin C (mg)	24.79							
Protein (g)	15.11	13.37%						
Carbohydrate (g)	73.81	65.32%						
Total Fat (g)	10.11	20.13%						
Saturated Fat (g)	3.50	6.98%	<10.00%					
Trans Fat ¹ (g)	0.03	0.06%						

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Rialto Unified School District

Sep 22, 2025 thru Sep 26, 2025

Base Menu Spreadsheet

ELEM B.I.C. #2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/22/2025																
ELEM B.I.C. #2	Total	5000														
Muffins, DBL ChocBuena Vista	1 ea	5000	350	35	390	3.96	6.30	60.4	*N/A*	*N/A*	31	6.0	59.0	10.99	3.00	0.00
Craisins	1/4 Cup	2500	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	2500	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			564	42	590	5.57	6.41	293.1	*914	*0.06	71 50.4%	14.25 10.1%	102.89 73.0%	11.82 18.9%	3.33 5.3%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 09/23/2025																
ELEM B.I.C. #2	Total	5000														
Cinnis, Mini	1 EACH	5000	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			430	9	456	3.71	1.51	303.2	958	0.92	48 44.4%	13.54 12.6%	74.54 69.3%	8.08 16.9%	2.13 4.4%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 22, 2025 thru Sep 26, 2025

ELEM B.I.C. #2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/24/2025																
ELEM B.I.C. #2	Total	5000														
Cluster Brk, Whole Grain '22	1 EACH	5000	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
BANANAS	1 EACH	2500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			480	9	377	5.81	2.83	342.5	962	4.39	49 41.0%	13.95 11.6%	81.13 67.6%	11.17 20.9%	3.16 5.9%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Thu - 09/25/2025																
ELEM B.I.C. #2	Total	4950														
CEREAL,MALT-O,Marsh-Mateys'24	BOWL (2 oz.)	5000	210	0	380	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			406	11	560	5.56	18.27	500.0	1803	74.55	55 53.7%	12.73 12.5%	82.22 81.0%	3.53 7.8%	0.91 2.0%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

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Rialto Unified School District

Sep 22, 2025 thru Sep 26, 2025

Base Menu Spreadsheet

ELEM B.I.C. #2

Portion Values - Detailed

Page 3

Generated on: 9/2/2025 7:24:55 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/26/2025																
ELEM B.I.C. #2	Total	5000														
BREAD,BANANA 2023 OG	1 EACH	5000	163	19	84	1.41	0.57	12.9	44	1.99	*14	2.03	24.48	7.14	0.68	*0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Orange juice, DW, 4oz, 2024	EACH(4 oz)	2500	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			366	28	277	2.91	0.57	277.9	954	16.99	*50	10.93	63.08	8.14	1.28	*0.00
% of Calories											*55.0%	12.0%	69.0%	20.0%	3.1%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			449	20	452	4.71	5.92	343.4	*1118	*19.38	*55	13.08	80.78	8.55	2.16	*0.00
											*109.3	11.6%	71.9%	17.1%	4.3%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	449		350 - 500	100%				
Cholesterol (mg)	20							
Sodium 1 (mg)	452		540	84%				
Fiber (g)	4.71							
Iron (mg)	5.92							
Calcium (mg)	343.4							
Vitamin A (IU)	1118							
Sugars (g)	55	48.58%			Missing			
Vitamin C (mg)	19.38				Missing			
Protein (g)	13.08	11.65%			Missing			
Carbohydrate (g)	80.78	71.93%						
Total Fat (g)	8.55	17.13%						
Saturated Fat (g)	2.16	4.33%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 29, 2025 thru Sep 30, 2025

ELEM B.I.C. #2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/29/2025																
ELEM B.I.C. #2	Total	5000														
Croissant, Ham & Swiss '25	serving	5000	300	22	580	0.00	6.00	155.0	0	0.0	4	13.0	27.0	15.0	9.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			530	29	778	3.00	6.00	385.0	1020	0.00	46 34.7%	21.20 16.0%	73.80 55.7%	15.50 26.3%	9.30 15.8%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 09/30/2025																
ELEM B.I.C. #2	Total	5000														
POP TARTS,Wh.Gr Strawberry-'24	PKG. of (2 ea)	5000	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2500	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	2500	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			550	9	546	7.71	3.67	463.2	1883	0.92	63 45.6%	12.54 9.1%	110.54 80.3%	5.58 9.1%	2.63 4.3%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			540	19	662	5.35	4.83	424.1	1452	0.46	54 90.6%	16.87 12.5%	92.17 68.2%	10.54 17.6%	5.96 9.9%	0.00 0.0%
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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 29, 2025 thru Sep 30, 2025

ELEM B.I.C. #2

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*									
Calories	540		350 - 500														
Cholesterol (mg)	19																
Sodium 1 (mg)	662		540														
Fiber (g)	5.35																
Iron (mg)	4.83																
Calcium (mg)	424.1																
Vitamin A (IU)	1452																
Sugars (g)	54	40.26%															
Vitamin C (mg)	0.46																
Protein (g)	16.87	12.49%															
Carbohydrate (g)	92.17	68.25%															
Total Fat (g)	10.54	17.56%															
Saturated Fat (g)	5.96	9.93%															
Trans Fat ¹ (g)	0.00	0.00%															

*Data comparisons are not available for one or two day selections

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